



## Review

# *Yersinia enterocolitica* - Isolation, Pathogenicity, and Prevalence in Farms for Slaughtered Pigs

Maya Angelovska, Maya M. Zaharieva, Hristo Najdenski\*

The Stephan Angeloff Institute of Microbiology, Bulgarian Academy of Sciences, Sofia, Bulgaria

## Abstract

*Yersinia enterocolitica* is a significant zoonotic pathogen that poses a considerable threat to both animal and human health. This review paper aims to summarize and critically evaluate current knowledge on the isolation, pathogenicity, and prevalence of *Y. enterocolitica* in farms dedicated to the production of slaughtered pigs. Isolation of *Y. enterocolitica* from various sources, including porcine tonsils, feces, and mesenteric lymph nodes, is essential for understanding prevalence and transmission dynamics. The different isolation methods and their advantages and limitations in detecting the pathogen are explored, highlighting the challenges associated with its detection. We examine the role of specific virulence factors, in the ability of *Y. enterocolitica* to colonize and cause disease in humans. Additionally, this review provides a comprehensive analysis of factors influencing the prevalence of *Y. enterocolitica* in farms for slaughtered pigs. The review highlights the need for standardized surveillance strategies to accurately assess the prevalence of *Y. enterocolitica* in swine populations, ensuring effective control and prevention measures. In conclusion, the findings presented here underscore the importance of *Y. enterocolitica* as an emergent pathogen as well as implementing comprehensive surveillance programs, adopting effective control measures, and promoting awareness among stakeholders to mitigate the risk associated with *Y. enterocolitica* infection in both animals and humans.

#### Резюме

Yersinia enterocolitica е значим зоонозен патоген, представляващ сериозна заплаха за здравето на животните и хората. Тази обзорна статия има за цел да обобщи и критично оцени съвременните познания отнасяши се до изолирането, патогенността и разпространението на Y. enterocolitica във ферми, за свине за клане. Изолирането на Y. enterocolitica от различни източници, включително свински тонзили, изпражнения и мезентериални лимфни възли е от съществено значение за събиране на информация касаеща разпространението и динамиката на предаване на патогена. Обхванати са основните методи за доказване заедно с техните предимства и ограничения като се подчертават предизвикателствата, свързани с неговото откриване. Ние изследваме ролята на специфичните вирулентни фактори имащи отношение към способността на Y. enterocolitica да колонизира и да причинява заболяване при хората. Освен това, този обзор предоставя анализ на по-значимите фактори, влияещи върху разпространението на Y. enterocolitica между свинете за клане. Подчертава се необходимостта от стандартизирани процедури за определяне и точна оценка на разпространението на Y. enterocolitica в популациите от свине, с цел да се осигури ефективен контрол и мерки за превенция. В заключение, представените данни подчертават значението на У. enterocolitica като важен патоген, както и необходимостта от изготвяне на програми за наблюдение, с цел да се създадат ефективни мерки за контрол и намаляване на риска, свързан с инфекцията от *Y*. enterocolitica както при животни, така и при хората.

#### Taxonomy

The genus *Yersinia* comprises twenty six Gram-negative bacterial species (Le Guern *et al.*, 2020). Based on the phylogenetic analyses and the conserved molecular characteristics identification, *Yersinia* is taxonomically arranged in the family *Yersiniaceae*, order *Enterobacterales*, class *Gam*-

<sup>\*</sup> Corresponding author: hnajdenski@gmail.com

maproteobacteria, phylum Proteobacteria, kingdom Bacteria (Adeolu et al., 2016; Parte et al., 2020; Schoch et al., 2020). Three of them occupy a particularly significant place as causative agents of diseases in humans and animals. Yersinia pestis is the causative agent of plaque, a vector-borne disease (Barbieri, 2021), while Yersinia enterocolitica and Yersinia pseudotuberculosis are well-known gastrointestinal pathogens, associated with food-borne disease - versiniosis (European Food Safety Authority and European Centre for Disease Prevention and Control, 2022). Two of the species are pathogenic only for animals: Yersinia ruckeri, the causative agent of red mouth disease in salmonids and Yersinia entomophaga, responsable for the disease among grass grubs Costelytra zealandica (Hurst et al., 2011). In a recent study by (Savin et al., 2014) the pathogenic properties of Yersinia wautersii were identified, establishing it as the fourth Yersinia species capable of causing harm to humans. Approximately twenty strains within the genus Yersinia have been identified as non-pathogenic. When it comes to enteric pathogens, Y. enterocolitica and Y. pseudotuberculosis, although they cause similar infections, exhibit differences in terms of their ecological and epidemiological niches. Despite their evolutionary relationship being distant, both pathogens contribute to the overall understanding of this group of diseases (Wren, 2003; Reuter et al., 2014). After all, the evolution of the Y. enterocolitica and Y. pseudotuberculosis/Y. pestis might not be totally parallel (Reuter et al., 2014; Tan et al., 2016). The Y. pseudotuberculosis-Y. pestis evolutionary linkage diverged from Y. enterocolitica between 41 and 186 million years ago (Achtman et al., 1999). Y. enterocolitica sensu stricto has been classified into two distinct subspecies based on DNA-DNA hybridization and differences in the 16S rRNA gene. These subspecies, namely Y. enterocolitica subsp. enterocolitica and Y. enterocolitica subsp. palearctica, exhibit separate geographic distributions. The former is predominantly found in strains originating from America, while the latter is associated with strains from Europe (Neubauer et al., 2000). Moreover, a comprehensive comparison of Y. enterocolitica strains using DNA microarray analyses revealed the existence of three distinct clades within the species (Howard et al., 2006). This finding sheds light on the heterogeneity observed within Y. enterocolitica. Based on their biochemical characteristics, Y. enterocolitica strains are categorized into six biotypes: 1A, 1B, 2, 3, 4, and 5 (Swaminathan et al., 1982; Wauters et al., 1987). These biotypes display variations in their geographic distribution, ecological preferences, and pathogenic potential. The pathogenicity of Y. enterocolitica is assessed through a mouse infectious model, which identifies biotype 1A as non-pathogenic, biotype 1B as highly pathogenic, and strains belonging to biotypes 2, 3, 4, and 5 as having relatively low pathogenic potential (Aulisio et al., 1983). However, recent studies have reported an emerging pathogenic potential in Y. enterocolitica 1A, attributed to its putative virulence factors and involvement in certain infections (Tuompo et al., 2017; Morka et al., 2021; Platt-Samoraj, 2022). Furthermore, more than 70 serotypes have been identified based on variations in the structure of the somatic O-antigen. Some serotypes (O:3, O:5,27, O:8, and O:9) are frequently isolated from both humans and animals (Virdi and Sachdeva, 2005; Marimon et al., 2017; Zdolec et al., 2022a; Angelovska et al., 2023; Yue et al., 2023). Determining the biotype and serotype is particularly crucial for conducting epidemiological studies. In terms of geographic distribution, Y. enterocolitica 1A is the most widespread biotype, primarily found in the environment and occasionally isolated from healthy animals and humans (von Altrock et al., 2015; Syczyło et al., 2018; Lucero-Estrada et al., 2020). Historically, highly pathogenic Y. enterocolitica 1B and serotype O:8 were commonly associated with the Americas, particularly the United States. However, due to global movement, these strains have now spread to European countries, causing yersiniosis cases in humans (Rastawicki et al., 2013; Morka et al., 2018; Savin et al., 2018). Recently, Y. enterocolitica 4/O:3 has gained significant importance as numerous studies have identified it as the most frequently isolated bioserotype in versiniosis cases and outbreaks worldwide (Rosner et al., 2010; Karlsson et al., 2021; European Food Safety Authority and European Centre for Disease Prevention and Control, 2022). The reason for the dominance of the 4/O:3 bioserotype is not fully understood; however, it is speculated that possessing alternative putative virulence and fitness factors contributes to its successful adaptation and dissemination (Batzilla et al., 2011; Valentin-Weigand et al., 2014).

#### Epidemiology

#### Prevalence in humans

Pathogenic *Y. enterocolitica* bioserotypes 1A, 2 - 5, have been recognised as the causative agents of yersinosis, isolated from different sources (Karlsson *et al.*, 2021; Yue *et al.*, 2023). For 2021, yersiniosis is the third most commonly reported bacterial zoo-

nosis in The European Union, with the pathogen being detected in food-borne outbreaks reported by twelve European countries: Belgium, Denmark, Estonia, Finland, France, Germany, Lithuania, the Netherlands, Norway, Slovakia, Spain, Sweden (European Food Safety Authority and European Centre for Disease Prevention and Control, 2022). According to the organisation, a total of 6789 human cases of illness are reported, with 508 hospitalisations, of which 125 cases of illness were related to the 21 foodborne outbreaks. There is a difference in number of cases among countries. For 2021 Germany was on the top accounting for the highest number of cases (1,912), followed by France (1,451) On the other hand, the notification rate of confirmed yersiniosis cases per 100,000 populations in Denmark was highest, followed by Finland (7.8 and 6.0 respectively), with an overall 1.9 cases per 100,000 population calculated for the EU. It is known that for three of the food-borne outbreaks, the serotype involved was O:3 (European Food Safety Authority and European Centre for Disease Prevention and Control, 2022). In USA (Centers for Disease Control and Prevention (CDC) 2016) estimates that Y. enterocolitica causes almost 117,000 illnesses, 640 hospitalizations, and 35 deaths every year.

## Transmission

Due to the complex epidemiology of these pathogens, there is still a lack of complete understanding regarding the reservoirs and routes of transmission for these infections. The transmission of *Y. enterocolitica* is associated with multiple pathways. As a zoonotic pathogen with widespread distribution in nature, the consumption of contaminated food or water is the primary mode of transmission (Bottone, 2015). Raw or undercooked meat and untreated water are considered the primary risk factors for human versiniosis (Guillier et al., 2021). Yersinia enterocolitica possesses certain biological properties that enable it to thrive at low temperatures, even below 4°C (Rakin et al., 2015), This characteristic allows the bacteria to persist and multiply easily in refrigerated environments and modified atmospheres (Nesbakken et al., 2008; Fredriksson-Ahomaa et al., 2012). Consequently, the seasonal distribution of pathogenic Y. enterocolitica isolation occurs predominantly during the colder months (Van Damme et al., 2015; Arsić et al., 2022; Angelovska et al., 2023). However, the pathogen can still be isolated throughout the year, as it can be transmitted through food items consumed consistently year-round, such as meat and meat products (Rosner et al., 2010). Furthermore,

Y. enterocolitica can also be spread through other sources such as milk, poultry meat, and readyto-eat salads like spinach (Espenhain et al., 2019; Gruber et al., 2021; Karlsson et al., 2021). Raw vegetables have the potential to become contaminated through contact with soil, water, and fertilizers. Moreover, direct contact between humans and animals, as well as contact with water and soil, can serve as additional means of pathogen transmission (Boqvist et al., 2009; Yue et al., 2023). Although person-to-person transmission of Y. enterocolitica is rare (Moriki et al., 2010) animals, especially pigs, are the most common source of the pathogen. The high genetic similarity between porcine and human isolates confirms the relevance of pigs in the epidemiology of human versiniosis (Morka et al., 2021). Healthy pigs are the main reservoir of Y. enterocolitica infection, particularly the 4/O:3 serotype in humans (Morka et al., 2021; Yue et al., 2023). Pigs can asymptomatically carry the Y. enterocolitica bacteria, which are primarily isolated from their tonsils and submaxillary lymph nodes (Fois et al., 2018; Angelovska et al., 2023), although they can also be found in feces or intestinal contents (Yue et al., 2023).

## Prevalence at slaughter level

Slaughtered pigs have long been recognized as a reservoir for pathogenic Y. enterocolitica strains, consistently identified in their tonsils and fecal samples (Mazzette et al., 2015; Van Damme et al., 2015; Fois et al., 2018; Terentjeva et al., 2022; Zdolec et al., 2022a; Angelovska et al., 2023). Consequently, the presence of infected tissues and intestinal contents in slaughterhouses poses a risk for the potential contamination of pig carcasses during slaughtering (Martins et al., 2018). The reported prevalence of pathogenic Y. enterocolitica among healthy slaughtered pigs in European countries ranged widely, from as low as 6% to as high as 95% (Martinez et al., 2011; Van Damme et al., 2015; Ibañez et al., 2016; Sacchini et al., 2018; Arsić et al., 2022; Terentjeva et al., 2022; Zdolec et al., 2022a; Angelovska et al., 2023). The discrepancies in these percentage values arise from variances in pathogen isolation methodologies, the particular pig farms from which the animals originate, and the heterogeneous conditions prevailing in distinct categories of slaughterhouses. The isolation methods employed for the detection of the pathogen and their influence on the detection rate are outlined in the following text. Pigs raised in fattening farms had over twice the likelihood of infection compared to pigs raised in farrow-to-finish farms, and the risk of contamination has been significantly elevated when keeping pigs within a slaughterhouse for over three hours (Arsić et al., 2022). Regarding shedding the bacteria to the carcass other factors are detail reviewed by (Zdolec et al., 2022b). Among them, the duration of pigs' confinement in the lairage facility and their exposure, whether through direct or indirect contact, to other groups of pigs prior to slaughter, have a significant influence on the bacterial load found on carcasses as well as the occurrence of pathogens within lymphoid tissues, leading to lower prevalence when the contact between pigs is prevented (Zdolec et al., 2022a). In order to prevent the occurrence of pathogenic *Y. enterocolitica*, on the surfaces of slaughtered pigs' organs and carcasses, it is imperative to implement precautionary steps. Regarding that, combining the head removal with the carcass splitting has been associated with higher Y. enterocolitica contamination, due to the possibility of the splitting machine being contaminated by tonsils, leading to the contamination of subsequent carcasses (Van Damme et al., 2015). To minimize cross-contamination these authors suggest keeping the tongue and the tonsils inside the head during evisceration as well as constant cleaning of the knives. Contamination of the pig meat, especially the head of the pig should not be underestimated, so future heat-treated cooking practices should be considered (Fredriksson-Ahomaa et al., 2012). Regarding determination, biotype 4 is mostly isolated from pigs on the slaughterhouse level (Morka et al., 2018; Angelovska et al., 2023; Yue et al., 2023).

#### Prevalence on pig farm level

Pathogenic Y. enterocolitica strains are commonly found in domestic pigs on farms, with a various herd prevalence observed in pigs across Europe (Nesbakken et al., 2006; Nowak et al., 2006; Råsbäck et al., 2018; Koskinen et al., 2019). And the bioserotype 4/O:3 is the most commonly isolated from farm animals (Råsbäck et al., 2018). However, the occurrence of Y. enterocolitica in swine exhibits variability across different farms, indicating the existence of underlying factors that influence its prevalence within farm settings. The management system is regarded as a pivotal factor in the regulation of pathogenic Y. enterocolitica transmission within pig farms. Furthermore, in farrow-to-finish farms, the practice of mixing pigs from different groups has been widely acknowledged as a significant risk factor for the transmission of pathogenic Y. enterocolitica. It has been observed that when pigs are relocated to facilities that do not implement

the all-in/all-out system, the infection disseminates rapidly throughout the entire pig population (Virtanen et al., 2014; Koskinen et al., 2019). Opposite to farrow-to-finish farms where there is no piglet suppliers, in fattening farms the number of piglet suppliers has been recognized as a risk factor (Virtanen et al., 2014; Vanantwerpen et al., 2015). The likelihood of purchasing infected pigs and subsequently spreading pathogenic Yersina spp. within the pen escalates as the number of piglets procured from diverse suppliers increases (Virtanen et al., 2012). Other risk factors for the dissemination of the pathogen included the presence of semi-slatted floors in the fattening pig units (Vanantwerpen et al., 2015). Protective factors identified in various studies are related to hygienic measurements (Vanantwerpen et al., 2015). In experiments examining piglet colonization with various serotypes, Schiemann (1988) suggested that colostrum is also a protective factor. He reported higher levels of colonization by Y. enterocolitica in piglets born through Cesarean section without access to colostrum showed compared to normally born piglets receiving colostrum. However, it is important to note that seropositivity alone cannot be considered an accurate indicator of prevalence. The occurrence of antibodies in specific piglets at birth is likely attributed to the transfer of maternal antibodies via colostrum and when piglets get older, levels of maternal antibodies appear to decrease (Koskinen et al., 2019). Initially, the pathogen can be detected in the tonsils, where persist, then in feces, before antibodies can be identified through serology. The occurrence of pathogenic Y. enterocolitica in the fattening pig population is influenced also by the age of the animals. The pathogen shedding in feces is more common among piglets younger than 30 days old, but decreases as the pigs grow and approach the age for slaughter. This pattern is also reflected in the sample source (Nesbakken et al., 2006; Virtanen et al., 2012). In Germany conventional housing systems have shown an increased number of positive pigs (29% vs. 18%) with a twice as many tonsils being positive for Y. enterocolitica (22% vs. 11%) compared to organic housing systems (Nowak et al., 2006).

#### Prevalence in other animals and food

*Yersinia enterocolitica* is widely prevalent among various domestic and wild animals. Examples include wild boars (Arrausi-Subiza *et al.*, 2015; Bancerz-Kisiel *et al.*, 2015), small rodents (Platt-Samoraj *et al.*, 2020), and domestic animals such as sheep (Yue *et al.*, 2023), dogs and cats (Byun *et al.*, 2011; Stamm *et al.*, 2013; Nasser *et al.*, 2023). Wild animals play a significant role in the epidemiology of Yersinia infection, serving as important reservoirs of enteropathogenic Yersinia (Nikolova et al., 2001; Arrausi-Subiza et al., 2015; Bancerz-Kisiel et al., 2015). The circumstances under which wild animals are killed and eviscerated have not been recognized as having a significant impact on the spread of pathogenic bacteria in the carcasses (Peruzy et al., 2022). However, most pathogenic strains are isolated from wild animals during the colder periods (Nikolova et al., 2001; Arrausi-Subiza et al., 2015). Wild boars (Sus scrofa) are particularly examined for the presence of Y. enterocolitica, with the bacteria frequently being isolated from their tonsils and feces (Fredriksson-Ahomaa et al., 2009; Bancerz-Kisiel et al., 2015). The detection of bacteria in wild boar meat and carcasses is often a result of cross-contamination from bacteria present in their feces or tonsils (Bancerz-Kisiel et al., 2016; Sannö et al., 2018). However, notable differences exist in terms of virulence potential between isolates obtained from wild boars and those from slaughter pigs (Fredriksson-Ahomaa et al., 2011). Wild boars predominantly exhibit biotype 1A (Bancerz-Kisiel et al., 2016; Bonardi et al., 2020; Morka et al., 2021), while porcine isolates have been primarily of biotype 4/O:3 (Nikolova et al., 2001; Fredriksson-Ahomaa et al., 2009; Rodas et al., 2014; Bancerz-Kisiel et al., 2015). This implies that wild boars may carry a distinct Yersinia population, which can complicate their identification using conventional methods (Morka et al., 2018). The presence of pathogenic bacteria among wild boars predisposes to transmission through the consumption of their meat, posing a public health risk (Peruzy et al., 2022). Furthermore, the spread of pathogenic bacteria in the natural environment also poses a potential hazard for domestic animals (Peruzy et al., 2022). Regarding food sources, Y. enterocolitica has been isolated from fresh vegetables and dairy products (Karlsson et al., 2021); (Darwish et al., 2015) with the former containing pathogens and the latter nonpathogens (Piras et al., 2021; Mancini et al., 2022). However, studies on the prevalence of pathogenic Y. enterocolitica in fruits and vegetables are limited, possibly due to the lower detection rate resulting from the sensitivity of culture detection methods (Verbikova et al., 2018). However, the use of qPCR methods or a combination of culture and molecular methods has been shown to improve the detection rate of the pathogen in various types (Määttä et al., 2013; Verbikova et al., 2018). In terms of raw milk, the prevalence of pathogenic Y.

enterocolitica in various milk types is relatively low, indicating a minimal risk for consumers. However, pathogenic Y. enterocolitica strains, specifically belonging to bioserotypes 4/O:3, have been identified in sheep milk (Alavi et al., 2018), and strains 1B/O:8 and 2/O:5,27 have been found in cow milk (Jamali et al., 2015; Bonardi et al., 2018). Darwish et al. (2015) conducted a study using conventional, phenotypic, and PCR methods to analyze different types of raw milk, revealing a significant occurrence of pathogenic strains. The authors emphasized the importance of employing all the aforementioned methods to enhance the detection rate of pathogenic Y. enterocolitica in raw milk, an approach that is also applicable to fruits and vegetables. (Darwish et al., 2015). On the other hand, pasteurized milk does not support the growth of Y. enterocolitica due to the absence of competing microflora (Gruber et al., 2021). However, if pasteurization is inadequately performed or if there is initial low-level contamination present, dissemination of Y. enterocolitica through the milk can still occur.

#### **Pathogenesis and Disease**

Human yersiniosis is a gastrointestinal disease with different symptoms commonly reported as low-grade fever, abdominal pain, nausea, and diarrhea, which depend on the age and health status of the individuals (Šumilo et al., 2023). In healthy adults, usually, the infection goes asymptomatically and onsets by itself, without needing any treatment (Rosner et al., 2010). Recently, significant findings have emerged regarding the shifting epidemiology of yersiniosis in England. Notably, there has been a decline in the occurrence of cases among young children, while a concerning rise has been observed among individuals aged 65 and older (Šumilo et al., 2023). These trends could suggest a notable change in the epidemiological landscape of versiniosis. Nevertheless, yersiniosis is not devoid of significant complications, including but not limited to septicemia and abscess formation. Notably, a higher incidence of such complications has been observed in specific vulnerable populations, namely children under the age of five, elderly individuals, and those with compromised immune systems. (Rodio et al., 2018; Liu et al., 2021; Norrito et al., 2021). Appendectomies and post-infectious complications like reactive arthritis and erythema nodosum are also reported in yersiniosis patients suggesting that they can be attributed to infections with Y. enterocolitica (Fernandes et al., 2020; Takeda et al., 2023). Also, there is an evident correlation between Y. enterocolitca epidemiology on the one side and prolonged

diseases like Crohn's disease and chronic infective colitis as a complication supposed to be associated to *Y. enterocolitica* involvement (Honda *et al.*, 2017; Norrito *et al.*, 2021; Fang *et al.*, 2023). The course of the disease is more severe when the infection has occurred with O:8 serotype and the hospitalization rate is higher when the infection is due to this sero-type (Rosner *et al.*, 2010). After all, the severity of the *Y. enterocolitica* infection depends on both the pathogen serotype and the health condition of the infected person.

### Virulence markers of pathogenic *Y. enterocolitica*

During the transmission process to various hosts, Y. enterocolitica needs to overcome environmental challenges, such as different temperatures or pH. To establish a successful infectious cycle, the bacteria express a number of virulence factors, several being temperature-dependent (Atkinson and Williams, 2016; Bancerz-Kisiel et al., 2018; Morka et al., 2021). Not all strains of Y. enterocolitica are pathogenic to humans; only those that carry a 70 kb plasmid known as plasmid of Yersinia virulence (pYV) exhibit pathogenicity. pYV, which is thermosensitive, contains genes that are transcribed in the presence of calcium at 37°C but are absent when the bacteria are cultured at the same temperature. A significant virulence factor encoded by the plasmid is the Yersinia Ysc-Yop Type Three Secretion System (Ysc-Yop T3SS). This system consists of a needle-like structure known as the Yersinia outer protein secretion apparatus (Ysc) and Yersinia outer proteins (Yop-s). Ysc interacts with eukaryotic cells outside the bacteria and injects Yop-s directly into the cell cytosol. Yop-s act as effector molecules necessary for a successful infection cycle. Among them, YopE, YopT, YopO, and YopH play a role in paralyzing cellular functions by disrupting cytoskeletal components, while YopP and YopM enable bacteria to evade immune system responses by inhibiting macrophage cytotoxicity (Mares et al., 2021). Another plasmid-encoded virulence factor is Yersinia adhesin A (YadA), which facilitates bacterial adhesion to cell surfaces and mediates Yop injection into leukocytes (Mühlenkamp et al., 2015; Deuschle et al., 2016). Additional proteins that promote bacterial adhesion and invasion include attachment-invasion locus protein Ail, invasin InvA, and mucoid Yersinia factor MyfA, all encoded on the chromosome (Morka et al., 2021). Furthermore, pathogenic Y. enterocolitica strains isolated from humans with yersiniosis are capable of producing Yersinia stable enterotoxin YstA, which is known for its role

in causing diarrhea in versiniosis. This toxin is typically detected only in pathogenic strains (Peruzy et al., 2017). Lastly, lipopolysaccharide (LPS) located on the outer membrane is the major immunogenic component of Y. enterocolitica. It plays a crucial role in the pathogen's resistance to innate immune system responses (Skurnik and Bengoechea, 2009). Complete LPS expression in pathogenic Y. enterocolitica is essential for the bacteria to maintain full virulence (Najdenski et al., 2006; Białas et al., 2012). The expression of virulence markers is regulated through a complex network involving various chromosomally or plasmid-encoded regulatory proteins, as reviewed by Bancerz-Kisiel et al. (2018). Some of these proteins function in the initial stages of infection and regulate early virulence genes. One such protein is VirF, a transcriptional activator of the Yersinia virulence regulon that activates yop and yadA genes and is frequently found in pathogenic strains (Pegoraro et al., 2021; Terentjeva et al., 2022). Two factors regulate the synthesis of the InvA protein: the transcriptional regulator RovA, which stimulates the expression of the *invA* gene (Bancerz-Kisiel et al., 2018), and the Yersinia modulator YmoA, which inhibits it (Platt-Samoraj et al., 2006). The main post-transcriptional regulator in *Y. enterocolitica* is the chaperone Hfq, which modulates the expression of surface virulence factors, particularly adhesins that facilitate the interaction of *Y. enterocolitica* with host cells, such as Ail, InvA, YadA, Myf, and LPS (Kakoschke et al., 2016). The highly pathogenic *Y. enterocolitica* 1B biotype is the only known Y. enterocolitica variant that carries an additional chromosomal mobile genetic element called the High Pathogenicity Island (HPI). This island contains genes for versiniabactin (*ybt*) and the Yersinia secretion apparatus Type 3 secretion system (ysaT3SS) (Carniel, 1999; Schubert et al., 2004).

#### Isolation and identification

The identification of pathogens in biological material is primarily performed using conventional microbiological, immunological, and histopathological methods, including the enrichment followed by isolation on selective nutrient media, biochemical tests, and serological tests. In recent years, these methods have been complemented by molecular techniques for the detection of nucleic acids or proteins. Nucleic acid-based methods are specifically designed to recognize highly variable regions of the genome, displaying significant specificity across different species, including subspecies of pathogens. Consequently, molecular methods enable the straightforward differentiation of pathogen genomes from those of their hosts. Because of the role of an emerging zoonotic pathogen with an influence on the food industry and the livestock it is necessary to establish and evaluate fast and accurate detection of Y. enterocolitica from biological and natural samples. The concentration of Y. enterocolitica in both biological and natural samples consistently falls beneath the detectable threshold, necessitating additional pre-concentration steps to employ culture-based methods for diagnostic purposes. Discrepancies in the prevalence of pathogenic Y. enterocolitica, reported in the articles, could potentially arise from variations in the employed isolation methods (Morka et al., 2018). At present, there is no single method that can guarantee the recovery of all pathogenic serotypes. However, conventional microbiological methods are still the golden standard for the isolation and identification of Y. enterocolitica from different sources, especially from food (ISO, 2003). Two types of isolation procedures are mostly performed: cold enrichment and selective enrichment (Petsios et al., 2016). The isolation of pathogenic Y. enterocolitica commonly relies on cold enrichment methods, performed at 4 to 10°C that require extended periods (7-21 days) (Van Damme et al., 2013; Råsbäck et al., 2018). This approach is applied due to the biological characteristics of Y. enterocolitica, which thrive at low temperatures. It also provides selectivity, effectively suppressing the growth of background microflora. On the other hand, cultivation at low temperatures is preferred by pYV, which is thermolabile and can be easily lost during repeated cultivation (Bhaduri and Smith, 2011). Thus, the detection of plasmid-harbored virulent determinants is always challenging. Recent discoveries may challenge earlier conclusions, suggesting that the absence of the pYV poses negligible risks when retrieving Yersinia species under conditions favoring bacterial growth at 37°C (Zhang and On, 2022). Various media have been employed for the cold enrichment isolation of Y. enterocolitica. These include phosphate-buffered saline (PBS), tryptic soy broth (TSB), and phosphate-buffered saline supplemented with 0.15% bile salts, as well as either 1% sorbitol or 1% mannitol. (PSB) or (PMB) (Van Damme et al., 2013) (Arrausi-Subiza et al., 2015) (Råsbäck et al., 2018). According to Van Damme et al. (2013), cold enrichment is more effective than direct plating and selective enrichment for the recovery of Y. enterocolitica from tonsils, feces, and carcass (Van Damme et al., 2013). However, cold enrichment is preferred for

samples containing pathogenic Y. enterocolitica at low concentrations. For selective enrichment, the incubation time is reduced in favor of increased temperature. Peptone sorbitol bile (PSB) broth and irgasan ticarcillin and potassium chloride (ITC) broth are both utilized ((ISO, 2003; Van Damme et al., 2010; Morka et al., 2018). Alkali treatment following enrichment has been shown to significantly reduce background flora and enhance the recovery of pathogenic Y. enterocolitica from tonsils (Van Damme et al., 2010; Zdolec et al., 2022a). Several selective media have been employed after the enrichment step. MacConkey agar is a well-known differential medium for Enterobacteriales isolates, based on the differentiation of lactose utilization. Y. enterocolitica forms colorless colonies due to their inability to utilize lactose. Salmonella-Shigella deoxycholate calcium chloride (SSDC) agar has also been used either after enrichment or for direct plating (Van Damme et al., 2010). However, the most commonly used selective medium developed for Yersinia is Cefsulodin-Irgasan-Novobiocin (CIN) agar (Schiemann, 1979). The addition of antibiotics inhibits strains belonging to Enterobacteriaceae. Y. enterocolitica forms small (≤1mm) and smooth characteristic colonies with a deep red center (as a result of mannitol fermentation), which are surrounded by a translucent zone referred to as "bull'seye" colonies (ISO, 2003). Higher recovery of Y. enterocolitica is reported when applying shortened enrichment steps followed by plating on optimal selective media as CIN agar (Van Damme et al., 2010; Råsbäck et al., 2018). Nevertheless, the high expenses, extensive time requirements, and inadequate sensitivity of conventional techniques impede their application in the routine identification of Y. enterocolitica. Isolated presumptive colonies are further identified by biochemical and molecular methods. Presumptive isolates can be identified at the species level using a variety of biochemical tests. Among the frequently employed tests are the Kligler agar, Christensen urea tests and phenylalanine deaminase test. In general, Yersinia demonstrates positive catalase activity, negative oxidase activity, positive urease activity, the ability to ferment glucose and negative phenylalanine deaminase activity. For rapid species identification commercial panels like Vitec, API, and subtyping by MALDI-TOF are performed (Määttä et al., 2013; Morka et al., 2018; Råsbäck et al., 2018; Zdolec et al., 2022a). The API20E system demonstrates limitations in accurately identifying Y. enterocolitica strains that do not exhibit sucrose fermentation. Challenges arise

in correctly identifying Yersinia spp. through biochemical tests in certain cases (Fredriksson-Ahomaa et al., 2018). The determination of pathogenicity in isolated strains relies on the utilization of phenotyping and biotyping schemes. Various authors have proposed different biotyping schemes, such as those suggested by Wauters et al. (1987) and Swaminathan et al. (1982). Essential diagnostic tests employed in biotyping encompass the assessment of esculin/salicin hydrolysis, tween esterase/lipase activity, pyrazinamidase activity, indole activity, as well as the metabolic utilization of xylose and trehalose (ISO, 2003). These tests collectively provide crucial insights into the distinctive biotype of the strains involved in epidemiological and microbiological studies. In addition, serotypes are defined by using commercially available sera. Conversely, the assessment of pathogenic potential relies on the detection of virulent genes using Polymerase Chain Reaction (PCR), which is a widely utilized approach. However different target genes are object of amplification, as well as different detection systems (Bancerz-Kisiel et al., 2018; Morka et al., 2021; Terentjeva et al., 2022). The relatively low rates of isolating pathogenic Y. enterocolitica in natural samples may be also attributed to the limited sensitivity of traditional culture techniques. Thus, the utilization of conventional microbiological techniques, which involve an enrichment step in addition to a PCR-based confirmation method, serves to minimize the risk of false positive outcomes resulting from the presence of non-viable cells (Fredriksson-Ahomaa and Korkeala, 2003; Mazzette et al., 2015). Standardized reference methods have been developed to facilitate the detection of pathogenic Y. enterocolitica. Currently, the detection of pathogenic Y. enterocolitica from food and environmental samples in the food production chain is performed according to the International Standard Organisation protocol (ISO, 2003). Aside from that, new fast, and not so expensive approaches with higher sensitivity and specificity are developed. Loop-mediated isothermal reaction (LAMP) is a novel molecular method by which deoxyribonucleic acid (DNA) is amplified in a short time, under isothermal conditions (Notomi et al., 2000). LAMP is characterized by great specificity for the target sequence and a low detection limit, requiring only a few copies of DNA. The LAMP reaction mix contains four to six primers (two outer, two inner primers, and optional two loop primers) accurately selected, Bacillus stearothermophilus DNA polymerase (Bst polymerase) with unique strand displacement activity, not dependent on temperature changes. Confirmation of LAMP products is facilitated by using agarose gel electrophoresis, measuring turbidity or fluorescence, and by colorimetric methods with naked-eye monitoring (Park, 2022).

#### Conclusion

The prevalence of pathogenic Y. enterocolitica in pigs is of considerable concern for human health. Through extensive research and surveillance, it has become evident that pigs serve as a major reservoir for this pathogenic bacterium, which can be transmitted to humans through various routes. Y. enterocolitica bioserotype 4/O:3 is the most commonly isolated from farm animals. Further research is warranted to explore the genetic diversity, virulence factors, and antimicrobial resistance profiles of Y. enterocolitica strains in pig populations. This knowledge will aid in identifying high-risk strains and developing targeted interventions to mitigate the transmission of this pathogen. It is imperative to implement rigorous on-farm management practices, including hygiene protocols, biosecurity measures, and appropriate antimicrobial stewardship to reduce the transmission of pathogenic Y. enterocolitica from pigs to humans. Collaborative efforts between public health agencies, veterinarians, farmers, and the food industry are pivotal for the reduction the prevalence of pathogenic bioserotypes of *Y. enterocolitica* in both pigs and humans and the successful control of Y. enterocolitica infections in humans.

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