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ABSTRACT BOOK

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Conference	1 st International Balkan Conference on Health Sciences, 14-16 May 2014, Edirne, Turkey
Title of Paper	EVALUATION OF THE RESULTS OF RESEARCH FOR ALCOHOLISM AMONG ADOLESCENTS AND PROMOTING PREVENTIVE MEASURES TO SECURITY IN YOUTH HEALTH
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Abstract	Introduction: Alcoholism is current socio - medical problem in the world and in R. Macedonia, with a steady increase among the young, but also among women. Goals: to show the number and structure of respondents, by sex and age, and to analyze the results of the survey. Methodology: the data were used from the survey, conducted in cafes, on the street, disco clubs, in homes, during the months: September, October, November, 2013 year in Bitola, R. Macedonia, to 220 respondents with different gender and age, from 15-19 years. Results: more of respondents are boys, mostly age from 18 years. From total 220 respondents, 132 or 60.00% consumed alcohol, more often the boys. They answered that usually has not a special reason for using of alcohol (46.84%) or they drank for enjoyment (36.71%). Most often of respondents are used alcohol at the various places (37.97%). Of all the types of alcoholic drinks, the beer is most frequently used drink (56.33%), and they at least once had been drunk 27.22%. In the families of respondents, the parents regularly consumed alcohol about 57.73%. However, it is good, that the higher percentage (52.73%) of respondents, are informed about the harmful health effects. Conclusion: The results of the study show, that in our environment, there is a major problem to adolescents in relation to consumption of alcohol. It is necessary maximum involvement of health professionals, parents, local authorities, non-governmental organizations and others, in the prevention activities to combat evil of today, with proposed security measures to control the health.
Keywords	Alcoholism, adolescents, survey, Bitola